

#### FACULTAD DE MEDICINA

PONTIFICIA UNIVERSIDAD CATÓLICA DE CHILE



#### U21 Health Sciences Summer School 2016 overview

"Early critical windows of preventive interventions"

Marcelo Farías, Marcela Grez, Jorge Carvajal
PUC Team



# U21 Health Sciences Group Summer School

## ANNUAL TWO WEEKS INTERDISCIPLINARY COURSE FOR UNDERGRADUATE HEALTH SCIENCES STUDENTS





#### Summer School 2014

The University of Auckland - 7-18 July 2014

"Substance Misuse Studies: A Harm Reduction Approach"

#### Summer School 2015

Tecnológico de Monterrey - 6-18 July 2015

"Vulnerability, low budget healthcare"

# U21 HSG Summer School 2016 PONTIFICIA UNIVERSIDAD CATÓLICA DE CHILE

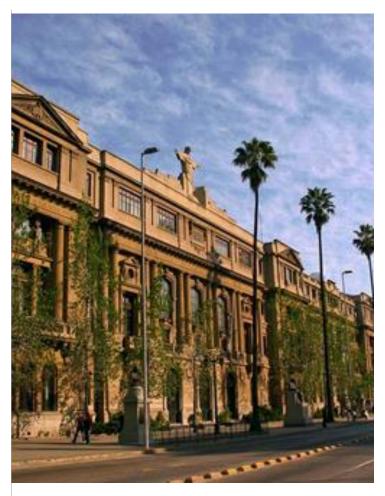


**IFA** HEALTH SCIENCES GROUP

#### S U M M E R S C H O O L

Early critical windows of preventive interventions

SANTIAGO • CHILE • 2016





**EARLY CRITICAL WINDOWS OF** 

PREVENTIVE INTERVENTIONS

SANTIAGO • CHILE



# U21 HSG Summer School 2016 Background



#### DEVELOPMENTAL ORIGINS OF HEALTH AND DISEASE

Disease Development Risk



Unhealthy diet, lack of exercise, smoking, alcohol, stress, microbiota, pollutants, etc.



### U21 HSG Summer School 2016 Shifting our view



DEVELOPMENTAL ORIGINS OF HEALTH AND DISEASE

Long term health from a healthy start

Window of opportunity



Preconception-Pregnancy-1000 days



What happens in the womb lasts a lifetime



#### U21 HSG Summer School 2016 Academic Focus



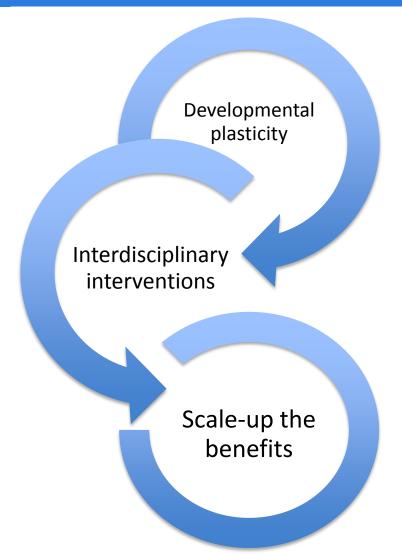
#### EARLY CRITICAL WINDOWS OF PREVENTIVE INTERVENTIONS





# U21 HSG Summer School 2016 Main lerning objetctives

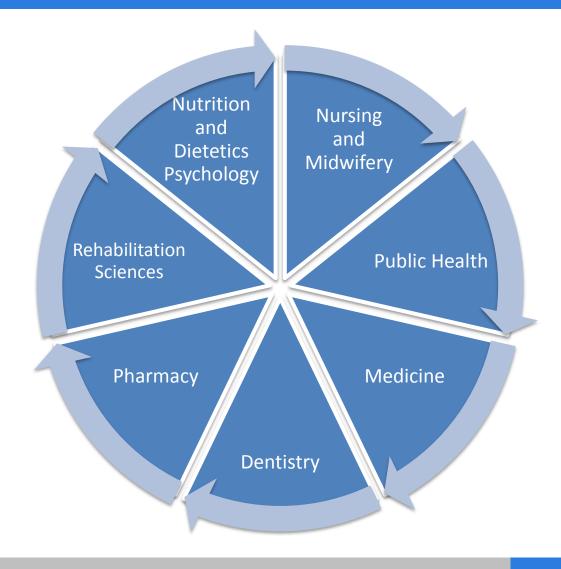






## U21 HSG Summer School 2016 Disciplines







### U21 HSG Summer School 2016 Examples of early life interventions









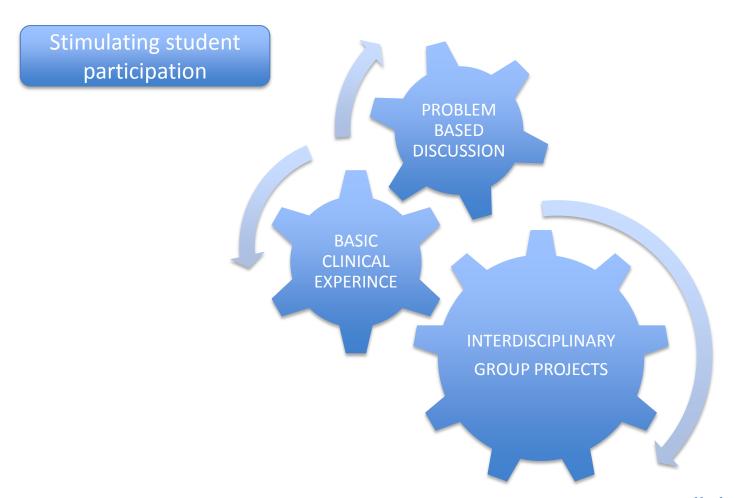






## U21 HSG Summer School 2016 Teaching methodologies







# U21 HSG Summer School 2016 Clinical facilities

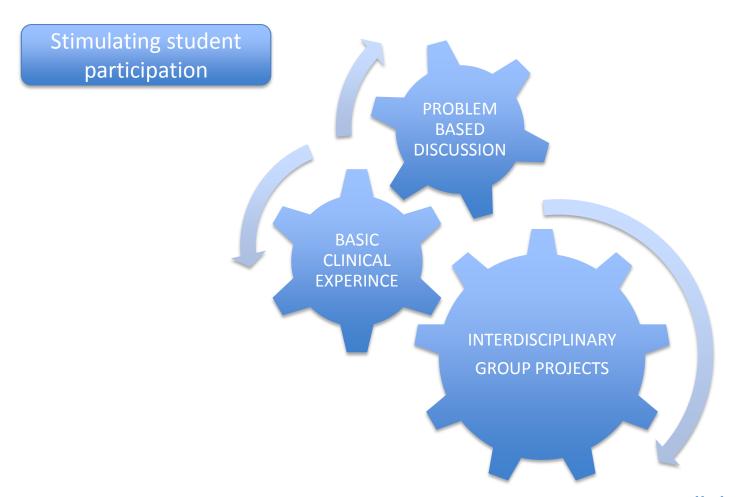






## U21 HSG Summer School 2016 Teaching methodologies







#### U21 HSG Summer School 2016 Cultural visits







#### U21 HSG Summer School 2016 Further information





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- Marcelo Farías mfarias@med.puc.cl
- http://u21health.org



#### U21 HSG Summer School 2016 Logo Voting

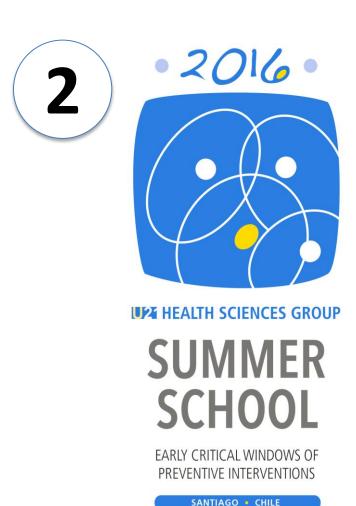
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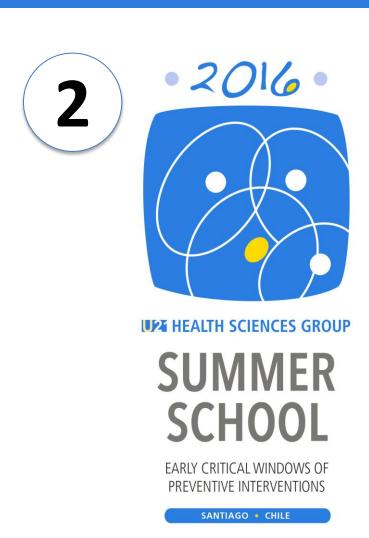
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## Public decision about logo





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